

# HOW TO USE

## Endometrin<sup>®</sup> (progesterone) Vaginal Insert 100mg



### INDICATION

ENDOMETRIN<sup>®</sup> (progesterone) is a vaginal insert that contains the hormone progesterone, one of the hormones essential for helping you to become and to stay pregnant. ENDOMETRIN is for women who need extra progesterone while undergoing treatment in an Assisted Reproductive Technology (ART) program.

### IMPORTANT SAFETY INFORMATION

Do not use ENDOMETRIN if you:

- Are allergic to anything in ENDOMETRIN
- Have unusual vaginal bleeding that has not been evaluated by a doctor
- Currently have or have had liver problems
- Have or have had blood clots in the legs, lung, eyes, or elsewhere in your body

**Please see full Important Safety Information on the last page, and [click here](#) for full Prescribing Information, including Patient Information.**

# LET'S BREAK IT DOWN

You're in the final phase of your in vitro fertilization (IVF) cycle. Your body is hard at work preparing for embryo implantation. Progesterone, the hormone that's released by ENDOMETRIN®, can help you become and stay pregnant.

You'll insert ENDOMETRIN 2 or 3 times per day for up to 10 weeks, depending on the recommendation of your doctor. What time you do your insertions is up to you, so you can adapt your dosing routine to your schedule.

## ENDOMETRIN DISSOLVES QUICKLY

- Once ENDOMETRIN is inside you, your body will start absorbing the medication.
- As your body absorbs the medication, the tablet will start to break down.
- ENDOMETRIN dissolves quickly inside you, with no potential for buildup.

## SOME ADDITIONAL TIPS:

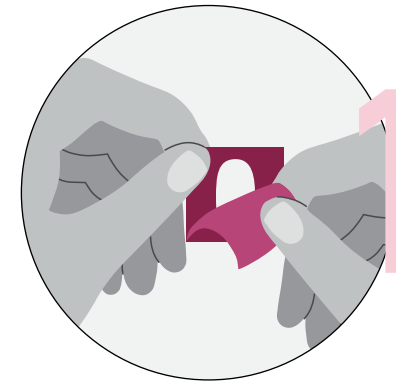
- Applicators are for single use only. You can throw used applicators out in the trash.
- Do not use more than the daily dose prescribed by your healthcare provider. Call your doctor if you use too much ENDOMETRIN.
- Do not use any other vaginal products while you are using ENDOMETRIN.

## IMPORTANT SAFETY INFORMATION (CONT.)

Common side effects seen with ART and ENDOMETRIN include pelvic pain after surgery, abdominal pain, nausea, and swollen ovaries (ovarian hyperstimulation syndrome). Other reported side effects include abdominal bloating, headache, urinary infections, uterine cramping, constipation, vomiting, tiredness and vaginal bleeding. Vaginal products with progesterone may also cause vaginal irritation, burning and discharge.

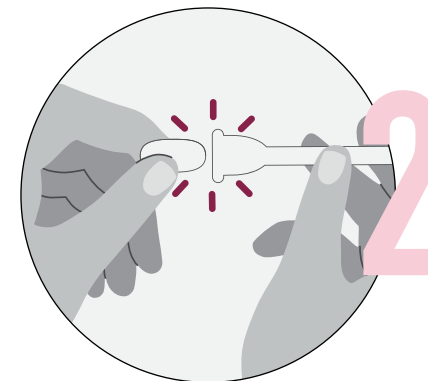
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**Endometrin®**  
(progesterone) Vaginal Insert 100mg



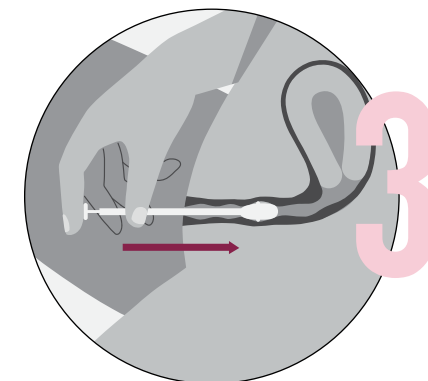
### 1 PREPARE

Wash your hands and unwrap the applicator and tablet. Then, find a position that is comfortable for you. Try **standing, sitting, or lying down** with your knees bent.



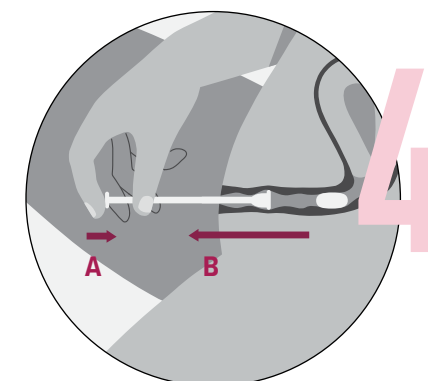
### 2 PLACE

Put one tablet in the space at the end of the applicator.



### 3 PUSH

To insert, **guide the applicator** with the tablet into your vagina, like you would a tampon. Gently push the thin end of the applicator farther inside.



### 4 RELEASE

**Push the plunger (A)** at the end of the applicator you are holding to release the tablet. Gently remove the applicator (B) and dispose of it.



## HAVE MORE QUESTIONS?

Visit [ENDOMETRIN.com](https://www.endometrin.com) for more information, including:

- Frequently asked questions
- Paying for treatment
- Additional resources

**Don't hesitate to reach out to your fertility specialist or nurse for additional clarification.**

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Progesterone can increase your chance of getting blood clots. Blood clots can be serious and lead to death. Serious blood clots include those in the: legs, lungs, eyes, heart, and brain.

Call your doctor and get medical help right away if you have: Persistent lower leg pain, sudden shortness of breath, coughing up blood, sudden blindness (partial or complete), severe chest pain, sudden severe headache, vomiting, dizziness, or fainting, weakness in an arm or leg, or trouble speaking, yellowing of the skin and/or white of the eyes indicating possible liver problems.

Other risks of progesterone include: Headache, breast tenderness, bloating or fluid retention, mood swings and depression, irritability and drowsiness.

Call your doctor immediately if you have abnormal vaginal bleeding.

These are not all the side effects with ENDOMETRIN. Ask your doctor or pharmacist for more information.

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. You may report side effects to FDA at 1-800-FDA-1088.

Please [click here](#) for full Prescribing Information, including Patient Information.



Reproductive Medicine  
and Maternal Health

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