



(P) 877-252-0553/ (F) 877-252-0450

Clomid (Clomiphene Citrate)

Is Clomid for Men and Women?

Clomiphene citrate (also known as Clomid) is a commonly prescribed oral medication used to help treat infertility among women. Similar to the female sex hormone, estrogen, Clomid works to support a healthy ovulation cycle in women who hope to become pregnant.

Though Clomid has been in existence since 1967, following its approved usage by the FDA, both men and women still have many questions about its effectiveness, side effects, and what they can expect from this type of fertility treatment.

How to Take Clomid

Though dosing and physician instructions may vary, it is important to listen to the directions provided by your doctor or nurse to ensure you take this type of fertility medication correctly to help increase your chances of getting pregnant.

To learn more about the benefits of Clomid and how to use Clomid at home, [contact](#) Mandell's Clinical Pharmacy for additional education and support. We're available 24/7 to address your concerns, help you discover beneficial [services](#) and [financing options](#), and offer support throughout your journey with infertility.

For more information, [contact](#) us today or browse our [website](#)!

FAQs About Clomid for Men and Women

What is Clomid?

Clomiphene citrate is an oral tablet that your physician may prescribe to help facilitate ovulation.

How Does Clomid Work?

Clomid works to increase the release of GnRH (gonadotropin releasing hormone) by the hypothalamus.

Is Clomid for Men, Too?

Though Clomid is traditionally used to help boost women's fertility, doctors may also prescribe Clomid "off-label" (i.e. not approved by the FDA) to men who are also experiencing fertility issues due to low testosterone: "[Clomid] may improve sperm motility for some males. Motility refers to how well sperm move through the female reproductive system to fertilize an egg." ([Medical News Today](#)).

What if I miss a dose?

If on the same day, you may usually take a dose as soon as you remember, however, contact your physician immediately for instructions. Do not double the dose on your own. Speak to your physician.

How Effective is Clomid?

Since the late 1960s, Clomid continues to offer an affordable, effective treatment option among women experiencing fertility difficulties due to poor ovulation. However, as with any treatment plan, several factors can affect Clomid's success rate, as well as its ability to help boost ovulation and result in pregnancy. Therefore, its effectiveness will ultimately depend on each individual's unique situation.

What are Common Clomid Side Effects?

Common side effects may include hot flashes, abdominal discomfort, blurred vision, insomnia, nervousness, breast tenderness, ovarian cysts, ovarian hyperstimulation syndrome (OHSS) (excessive fluid retention and enlargement of ovaries usually with severe abdominal discomfort), or ovarian enlargement.

If you or a loved one experiences any of these symptoms or notices visual disturbances, such as blurring, spots, or flashes, contact your doctor immediately!

How Do You Store Clomid?

Store Clomid at room temperature between 59°F and 86°F (15°C and 30°C).